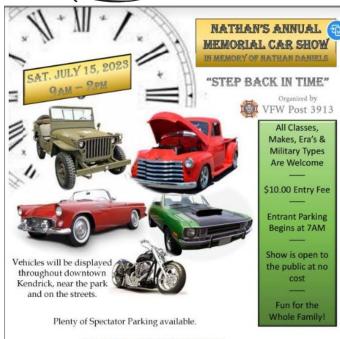


# Here's What's Happening

Kendrick-Juliaetta & 7 Ridges Community News

kendrickjuliaetta.com kj7newsletter3@gmail.com



Local Merchant Shops Open All Day!

Bring your favorite Match Box or Hot Wheel. Races will be held throughout the event.

All proceeds will go to VFW Veterans Helping Veterans and Michaela Daniels

For Additional Sponsorship Opportunities Call or Email Cell: Bob O. 208.791,9026 or Brian 907.671.7035 Email: vfw3913@gmail.com

MORE INFO ON OUR FACEBOOK PAGE - Baker-Lind VFW 3913





#### Meet Coach Chelsey!

Coach Chelsey has been teaching swim lessons for 20 years in Washington, Utah, Florida, and Idaho. She has experience coaching and has been swimming competitively for the past 22 years. In college, she took Water Safety Instruction, "Coaching Competitive Swimming" and intermediate swimming. Chelsey has been part of masters swimming and has completed several triathlons, including a half Ironman distance. She loves watching her kids swim and hopes to help other kids improve and enjoy swimming.

(For pool schedule and rates, see Kendrick City News, p. 2.)



#### **News from the City of Juliaetta**

#### Overgrown Vegetation

As we enter the hot summer months, it is important that residents and homeowners be sure to keep vegetation on their properties under control. Tall weeds and overgrown shrubs are a fire danger, and City Code requires noxious weeds and unmaintained grass be kept at six inches or less in height, even on steep slopes. Please let's all do our part to keep fire danger in Juliaetta as low as possible.

#### **Burn Permits**

Burn permits have been required since May 1 for residents within city limits. Permits are free of charge and can be obtained at City Hall or cityofjuliaetta.com at least 24 hours before burning. Personal small fire pits are exempt from the permit requirement and can be utilized except during a burn ban. As an alternative to burning, you can take yard waste to the bulky waste site on the first and third Saturdays of each month. For more information, contact City Hall or Chief Clifford Heimgartner at JuliaettaFire@yahoo.com.

#### Community Library Project Update

The Community Library Project held its last meeting in November 2021. At that time, three members stepped down, including the facilitator. As no one volunteered to be the new facilitator, there has been no further action by the group. City of Juliaetta has held a savings account for CLP funds since 2015, which includes all money earned through fundraising as well as donations. The City will maintain this separate account for future Juliaetta Community Library needs.

#### **City Council Meetings and Closures**

Upcoming regular City Council meetings will be held on Tuesday, July 11, 2023, and Tuesday, August 8. The yearly budget hearing will also be held at the August meeting. These meetings begin at 7:00 pm. Agendas are posted in the window at City Hall the week before each meeting, as well as at cityofjuliaetta.com. The public is always welcome to attend. If you have an issue you would like to have added to the agenda, you must contact City Hall by noon the Wednesday before the meeting.

City Hall will be closed Tuesday, July 4 for Independence Day. Wendy Sandino

#### **City of Kendrick News**

The Kendrick Swimming Pool opened with a splash on

the 20<sup>th</sup> of June! We are open Tuesday through Sundays from 12 to 5 pm each day. Adult lap swim is 6 pm to 7pm Tues/Thurs. and will begin on the 6<sup>th</sup> of July. Thursday and Friday



nights from 7 pm to 9 pm are family swim nights. Swim team will be on Monday and Wednesday evenings from 5 pm to 7 pm with three groups.

With the pool open for the season and the increase in foot traffic, please use caution and slow down in front of the park. We will ask for extra Sheriff deputy patrol for in front of the park. The pool will close in the middle of August.

We are seeking donations still for pool passes for our area kids and pool repair of the deck area. Unfortunately, we will not be able to offer swimming lessons this summer due to the lack of swimming instructors in the area and lack of training for instructors. We hope to be able to offer this next swim season. Special hours for the Pool 3:00 pm to 8 pm. on Saturday the 15<sup>th</sup> of July for the car show. Our staff of four lifeguards, one swim team coach and three office clerks will be staffing the pool season this year, supported by the city office staff and maintenance department. We have all worked hard to make this swimming season a success. If anyone is interested in becoming a lifeguard or swim instructor, please contact city hall for how to apply for next season.

Remember that if you would like to have chickens in the city limits of Kendrick, you need to stop in at City Hall and purchase a permit for 6 hens. *Rose Norris* 

#### At the Grange

The Pie Booth was a raging success at Locust Blossom Festival. We have many people to thank for that, namely all of you who donated pies. Besides the people that donate pies, we had two monetary donations. We wish to thank Dana Weinmann of Humm Salon and John Wedin. Latah County Democrats gave us a quite a few pies to help out. Josie Moses baked her wonderful cinnamon rolls for us.

At the community center we have two problems. Problem #1 – the water lines are leaking a gallon and a half a minute, so we must shut them off except when the hall is being used. We must locate the leak and then secure plumbers to rectify it.

Problem #2 – The building needs a new roof. We applied for eleven grants and eight have declined our project. Our local J. K. Recreation District gave us funding, for which we are very thankful. We have \$20,000 but the bid calls for almost \$50,000. We are scrambling and appreciate any donation, large or small. No one seems to know when the last roof was installed, but we are thinking it was in the 1950s. *Sharon Harris* 

#### **Library News**

Summer Reading Program is upon us! Come down to the Juliaetta Library to get registered to win great prizes and see what weekly events we are having. All you have to do to register is fill out your name and phone number, get a registration packet, and start reading! This program is open to all ages (that means ADULTS too!). Bring in your reading log to win a milestone prize and gain an entry into one of 10 great completion prizes. Then after you are done with your reading log, start your bingo card for more prizes and entries.

We have some amazing events for the month of July:

July 5<sup>th</sup>- The Reptile Lady will be bringing all her reptiles for show and tell to the Centennial Park.

July 13<sup>th</sup> – The Heat is on, T-shirt making event (bring your own t-shirt) at the library.

July 20- Fish and Game will be bringing their hide and fur presentation at the library.

July 27<sup>th</sup> Our final prize drawing at the library.

All summer long we will have something for you and your family to do, so come over and check us out! *Erin Davis* 

#### **JK Fire News**

Have a safe and Happy 4th of July!

Summer grilling safety tips:
Keep a 10-foot safe zone around your
BBQ from the deck, siding and house. Keep an eye on
your grill, and turn off when done using it.

In the next month, look for our new Smokey Bear sign in Kendrick to be put up for fire safety danger level. This sign was donated to us by the Idaho Department of Lands Ponderosa district, a mutual aid partner with the Juliaetta Kendrick Fire departments.

Both departments are actively seeking new members for each town. Kendrick meetings are on the first and third Wednesday and the second and fourth Wednesday of each month. Meetings begin at 6:30 in Kendrick and 7:00 in Juliaetta. *Rose Norris* 

#### **Juliaetta Post Office Improvements**

Have you noticed the beautiful improvements to the grounds around the Juliaetta Post Office? A lot of work has been done to construct a retaining wall,



raised beds and wooden planter boxes. Annual and perennial plantings, along with new hanging flower baskets make the post office look amazing. What started out as a personal project, gained community interest and participation. This project was completed with hard work, donation of materials and additional funding from local organizations, businesses and individuals. I would like to give a special thank you to my family and co-worker, along with those listed, for their support in making this possible. The vibrant colors and vegetable plants are a great addition to our town and meant to be shared by all. Please feel free to stop by and enjoy the flowers. Harvested vegetables will be in the lobby as available. I appreciate the smiles and thoughtful comments from everyone enjoying this project, it has been a labor of love! Wendi Dodge JCIA - \$100 donation

Hill and Valley Garden Club - \$200 donation Women's Business Network - \$100 donation Stella Jones - \$100 donation Kendrick FFA - plant donations and student help Forrest Nursery in Potlatch - hanging flower basket Evelyn and Tye Harper - materials for planting boxes Sandi Gold - construction of planting boxes Joe Dodge - retaining wall construction

#### KHS Teachers Receive \$15400 Grants to Improve KHS Science and VoAg Programs

KHS teachers Matt Ross and Eric McDowell received a total of \$15,400 from two separate grant programs to further provide hands-on student education experiences at KHS. The first grant of \$5,400 was awarded by the Idaho Community Foundation to Matt Ross and Eric McDowell to purchase a 52" sheet metal sheer and a 41" slip roll. These two pieces of sheet metal fabrication equipment will be used in KHS shop classes to fabricate items for various VoAg/Science classes. The second grant was for \$10,000 dollars and was provided by the MJ Murdock Charitable Trust as a part of its Partners in Science fellowship program. The money from the MJ Murdock Charitable Trust was awarded to Eric McDowell and will be used to purchase equipment that will allow KHS students to recycle 3D prints into new 3D printer filament. Eric McDowell

#### New at the Museum

We had hoped for more visitors at the museum on Locust Blossom Day. (The word must not have gotten around that the air conditioning is working fine.)

Ann Taylor won the free book drawing that we featured at the festival.

Work is forging ahead on our Find-A-Grave project. Toni Greer has been working with cemetery plats and other resources to be sure information is correct on the site. She is adding obituaries and pictures to a listed grave as well as linking them to relative's graves.

Bev Thon recently donated a lot of interesting artifacts along with many resource books for our collection. She and Marlene Meyer have finished the Cameron Book and it is now being printed at Printcraft in Lewiston. It will be out soon.

Sharon Harris

#### **Southwick Community Center**

The Southwick Community Center would like to thank everyone who participated and attended our "Homespun Market" event, June 10th. Our annual Southwick Community Center fundraiser, "Fall Fest" will be on Saturday September 30th from 3:00PM to 7:00pm. Music provided by Beargrass. Southwick Sausage will be featured along with side dishes to round out the dinner.

Thanks again for your support!

Remember the Center is available for rent! Check out our Facebook page: Southwick Community Center OR send an email to: southwickcommunitycenter@gmail.com *Mark Mustoe* 

#### **Libraries Need Friends!**

Have you ever experienced the joy and wonder found in a library? There are so many great adventures that begin there, so many resources. Our community is fortunate to have its own library!

If you love the library world and could spare a little time, we'd love for you to join us as we try to revitalize our local library friends group. The Friends of the Juliaetta Community Library (FOL) is reorganizing and holding an annual membership campaign. Members are community members who understand the value of libraries to their communities and want to help serve the local library in whatever way they can. What does it mean to join the FOL? Simply provide us with your name and contact information. We will be gathering members throughout the summer and we will hold our first meeting in September. We hope for new ideas and ways you can serve when we meet in September!

Here are just a few ways members can help:

- \*Programs ideas, prep work, assist, etc.
- \*Book Sale
- \*Membership
- \*Promotion of the Library Facebook page, flyers, etc.
- \*Library volunteer shelf books, light cleaning, seasonal decorating, etc.

You can email, call or text Dana at 208-650-0580 lotikelly@gmail.com if you would like to sign up now or if you have questions. You can also message us on our Facebook page, "Friends of the Juliaetta Community Library," or stop by the library and talk with Erin. Dana Kelly

Cameron

#### Stay Fit!

The 1<sup>st</sup> Annual Community Fitness Challenge for Juliaetta, Kendrick, & the 7 Ridges began April 4th. The challenge will run through the 31st of August. The goal is to get outside in the community and walk 60 miles or bike 120 miles by the end of the summer. You still have time to be part of the challenge. Text "Stay Fit" to 253-**241-3183** to register, please include your name and if you'd like a pedometer to track your progress. Best of all it is **FREE** to register! There are several **FREE** apps available to use on your cell phone. Once you complete the goal, send a screen shot or picture to the number above your name that will be entered into a drawing for \$300! The first 15 people to complete the challenge will receive a FREE T-shirt, we still have 5 up for grabs! The GRAND PRIZE winner will be announced at the Blackberry Festival in September. Over 30 people have registered for the fitness challenge so far. Congratulations to the following people that have completed the challenge: Sara Vakoch, Brooke Tahtinen, Tyler

Tahtinen, Wendi Dodge, Barb Hagen, Dan Hagen, Kathy Perez-Chica, Rick Perez-Chica, Kristina Alexander, Keegan Anderson. The event is co-sponsored by 7 Ridges Holistic Health, Skyview Inn (Sherill Calhoun) & Kendrick-Juliaetta 2.0 Club administrator Judi Fuller. *Christine Prokay* 



#### JK Good Samaritan Food Bank

Thanks again to all our supporters and volunteers. We are pleased to report that funding/grants from Lewis-Clark Valley Healthcare Foundation and Latah County Community Foundation will help the food bank to continue to serve those in need in our community. *Jerry Galloway* 



#### At the Senior Center

If you haven't had a chance to view the flower boxes and plantings at the center, they are wonderful. Thank you, Jan Patterson and Rose Norris, for keeping them beautiful.

We were entertained by the Home-Schooling Group on May 19th. These children showed their talents on various musical instruments.

A new senior exercise program "Silver Sneakers Senior Exercise" meets each Monday at 11:30 pm. Everyone is welcome.

Jim Green will entertain us with guitar music on July 14th and August 11th. Sharon Harris



# Alcoholics Anonymous meeting Fridays at 7 pm Juliaetta Community Church

The Blackberry/Bottoms Up is celebrating its 1 year anniversary on the 3rd of July. We just wanted to say thank you for everyone's support and for people coming and checking us out. Christine Prokay

#### It Was a Hot One!

Although we timed it perfectly to enjoy the locust tree's fragrant blossoms, this was probably the hottest Locust Blossom Festival in 62 years.

From the opening flyover, sponsored by Hanger 180, to the afternoon corn hole tournament, people enjoyed the festivities.

Our grand marshals were elegantly decked out with beautiful flower poles, reminiscent of Ann Parks' graduation memories and Tiger Pride. Thanks for that added touch, Ann. The parade provided plenty of candy for the children along the street.

Parade results follow: Best of Theme: (1) Hill and Valley Garden Club (2) I.C.I.A. Car Show; Open Class: (1) Class of '73 (2) Class of 2023; Royalty: (1) Troy Distinguished Young Women (2) Moscow DYW; Automotive: (1) Kevin and Linda Renfrow; Marching Group: (1) VFW; Business: (1) Latah Credit Union (2) Kendrick FFA and Primeland; Tractors: (1) Ed Glaze (2) Grant Minor; Horses: (1) Heath Family (2) Dorothy Brown.

The 3 on 3 basketball tourney was cancelled for lack of participation. The Color Run was a huge success. There were plenty of other activities available, including live music provided by Bear Grass, the museum, the flower show, pioneer registration, andT-shirts at the Lions booth.

The corn hole tournament wrapped up the day's events. Winners were 1st Place – The Dirty Bags consisting of Cody Konen and Nickoli Green, who won \$125. 2nd Place went to Jason Elder and JT. They won \$50.

The Lions Club cannot put on this festival alone. We would like to thank many of you "behind the scenes" people who help us out. Thanks, Rob Foote, for always helping with the parade. We have many meatcutters and clean up people who give us a hand: Mike and Dustin Brocke, Alvin and Danean Schmidt, Dale Silflow, Nels Sneve, Ed Pea, Jerry Galloway, and Ken Gonzales. Our ticket sellers did a good job...thank you, Kaye Harris and Deb Klatt. Kyle Pea does our announcing, and we are grateful for his help. Bret Gertje comes from Boise each year to do the children's races. Bud Holt registered the Pioneers all day. Lisa Wolf and Deb Utke worked the T-Shirt booth. Many thanks. Layne Harris hosted the "Meet and Greet" for the grand marshals at the Brewery. Carolyn Winegeart painted faces all day to make children happy. Jim and Renee Peavey and Junior and Christy Day loaned us corn hole equipment. Mandy and Brian Bisbee helped with traffic control, and thanks to the Latah County Police Department. And lastly, thanks to Latah Sanitation for providing the very large dumpster for the day. If you do not see your name here, you know who you are, and we are grateful. Sharon Harris



# Nathan's Annual Memorial Car Show "Step Back in Time"

Local VFW Post 3913 has taken the lead in perpetuating the vision that Nathan Daniels had when he launched and organized the Vintage Car Show in Kendrick. Nathan's Annual Memorial Car Show, happening Saturday, July 15, 2023, is a tribute to the memory of Nathan Daniels who was a strong supporter of our Veterans and the community of Kendrick.

There are many ways to contribute to the success of this fun, family-friendly event: enter your vehicle/motorcycle in the competition, purchase raffle tickets for some amazing prizes, buy tee-shirts, wear a red poppy with your donation, or have your own booth at the event (no booth charges, donations to the VFW gladly accepted). The VFW has received donations from event sponsors who will be recognized at the show for their generosity.

Main Street merchants will be open all day and there will even be Match Box/Hot Wheel races throughout the day.

A potluck starting at 4:00 pm will be held at the Grange for all who wish to participate. VFW Post 3913, past Post Commander, Dareld Hazeltine, will be roasting a pig! Michaela Daniels will be our special guest. The proceeds of this year's car show will be divided equally between Michaela Daniels, Nathan's widow, and VFW Veterans Helping Veterans.

Our local Veterans Post 3913 is no exception to the quality of service that continues beyond active duty.

Did you know that one of the core values for the VFW is to serve their communities? Visit their Facebook page, Baker-Lind VFW 3913, to see how vested they are in the lives of veterans.

We are fortunate to have a local VFW Post that contributes to KJ7 communities in so many ways:

Aid to local veterans who are homeless.

Use of medical equipment (you don't have to be a veteran for this service)

Complimentary use of VFW building for Kendrick High School Voice of Democracy advocacy

Patriot Pens Essay Contest for youth (awards range from \$3,000 to \$20,000).

A Veteran Service Officer who has helped 25 veterans navigate the benefits process.

Officiate funerals at no cost for veterans.

Veterans place flags on graves on Memorial Day.

For more information about how you can participate email: vfw3913@gmail.com or call Bob O. at 208-791-9026 or Brian at 907-671-7035. Sherill Calhoun

#### **Interest Rates and Home Prices**

Humans tend to react to negative events more strongly than positive ones. Receive ten compliments and one insult and the insult will stick with you most. If you apply this tendency to the current mortgage rates and home prices, it might seem the real estate world is doomed. Fortunately, it's just not fact.

Historically, the current rates are not high. From 1970-1989, rates fluctuated from 7-18%. In the 1990's, 6-10% was the norm. It wasn't until the 2000's that rates were consistently below 9%. In 2002, rates fell below 7%, and they were first below 5% in 2003, which surprised most people. Rates remained in the 4-8% range until 2020, when we began to see shockingly low rates in the mid-2% to mid-4% range. Until very recently, rates continued to be in the 3-5% range. The reasons for these unprecedented rates are too involved for me to address here.

Fortunately, many people were able to purchase a home during this time. For those who are just now ready to buy a home, it's disheartening to see the rates climbing. It affects their mortgage payment and, for some, may price them out of the market for now. More saving and planning may be necessary. It's risky to have a mortgage payment that is higher than you can truly afford, making you "house poor."

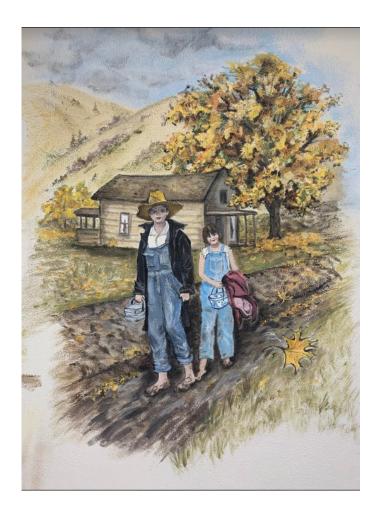
People often ask me if home prices and mortgage rates will be dropping. My answer is always no. All projections show home prices increasing at a "normal" rate, typically 3-4% per year. We have seen some leveling off of prices locally, which is to be expected after the sharp increase we saw in 2020-2022. Some price reductions are due to sellers being overly optimistic about the value of their home and adjusting to the market no longer being incredibly competitive.

Interest rates seem to be leveling off as well. My advice to sellers is to list their home if they are ready to sell. It might stay on the market 30-60 days instead of 30-60 minutes, but if it's priced properly, it will sell. My advice to buyers is to buy, if you're financially ready to do so. If the rates drop, you can always refinance. If you wait for rates to drop, the price of your home will be higher, negating the benefit of the lower rate. So, if you're ready, go for it! *Shelly Dunn, Realtor* 

# Juliaetta Elementary Painting Series, Scene #3

Donna Cope and her brother, Ernest (Ratty) Nye, walking to school

Here is a picture of two residents of Juliaetta walking to school. These two children spent their whole lives in Juliaetta. The one-room schoolhouse must have been a lot of fun for the older students as they would help to educate the younger ones. You might notice each of these students is carrying a lunchbox. Usually there were 2 compartments in each lunchbox. The one on top would hold fried chicken, perhaps, and the compartment on the bottom would hold a piece of apple pie. If you tour the Juliaetta Castle Museum, you will see this lunchbox that has been saved for perhaps 100 years. The museum has many other schoolhouse memorabilia to view. *Angie Cannon* 



# BIBLE STUDY FELLOWSHIP COMING TO JULIAETTA

Bible Study Fellowship is a world wide study where everyone studies the same Scripture. It runs from the Fall to the Spring. In the info below there is a correction in that it ends at 10:30 not 10.



In a world that declares "find your own truth" – Jesus stands alone. He boldly proclaims Himself as the only source of freedom, peace, security, truth and everlasting life with God.

Join us as we study the Book of John! Bible Study Fellowship is hosting a weekly, in person, in-depth, interdenominational study on the life of Jesus seen through the eyes of the Apostle John. All women are welcome.

<u>Start Date</u>: Thursday, September 14, 9am-10am <u>Location</u>: Juliaetta Community Church, 402 Main St., Juliaetta, ID 83535

<u>To sign up</u>: join.bsfinternational.org/find-in-person-group <u>Questions</u>? Contact Aunie Ouderkerken 208-791-4710

"The Word became flesh and made His dwelling among us."

~ John 1:14a

#### **Progress at Leland Church**

The installation of ceiling fans is now complete. The four fans came with lights installed and both are a blessing. The fans will insure the comfort of parishioners in both the summer and winter.

We are having to evict several species of birds that have drilled holes in the Doric columns to provide for their families.

Boaz Davis took a rare day off and Noel Williams filled in for him in May. Worship service is at 10 am. All are welcome. We are studying the Book of Acts.

Jim Green adds musical enhancement to the worship with his guitar.

"As a result of what the apostles were doing, sick people were carried out into the streets and placed on beds and mats so that at least Peter's shadow might fall on some of them as he passed by." Acts 5: 15 Sharon Harris

#### **Cameron Emmanuel Lutheran Church**

As of this writing, 45 children and student helpers, accompanied by adult teachers, grown-up helpers and one neighborhood dog, have returned from their stellar journey to see how Jesus' light shines on them no matter what's going on. When life seems dark, let Jesus' light shine! Jesus was born in a dark time in history; His star shone down on earth just as His light shines on us during our hard times. When people are not getting along with each other, we need to let Jesus' light shine on us and let Him help us sort out the mess. When good things happen, shine Jesus' light! We always need to remember that Jesus provides all good things, and we need to shine Jesus' light by thanking Him. When we are sad, let Jesus' light shine in and give us strength and encouragement to get through our sadness. When we see someone who needs help, shine Jesus' light! He will let us know what to do to help the person, just as others can help us when we need a hand.

Each of these principles was illustrated with Bible stories and videos and discussions showing how real people did things that illustrated how Jesus' light shines. Crafts and space-oriented games (outside in mostly lovely sunshine!) were part of each day. Each day began and ended with everyone gathered to learn some great songs and talk about God-Sightings: things that the kids saw or heard or experienced that reminded them of God. There were some pretty good action songs - the basement ceiling tiles got so excited one of them fell down! Snacks were wonderful things from space: meat-eorites (chicken nuggets), sapple-ites (cored apple slices with a grape center), and fruit rockets (skewered fruit with a watermelon rocket-head) were a few examples. This year the kids supported a project that will provide Bibles in the native languages of isolated people all over the world, where sometimes even pastoral leaders don't have a Bible. We welcome back all those space travelers who have learned how to shine Jesus' light into so many parts of their lives and then on to other people.

Cameron Lutheran will be on its summer schedule of worship each Sunday at 9:30 a.m. On August 27 we will have our annual outdoor service at the church at 10:00 a.m. (note time change) followed by a potluck. The fall worship schedule will begin that Sunday with services at 10:00. Adult Sunday School will begin Sept. 10 at 9:00 a.m. Our annual drive for supplies for school kits will begin in July. *Ann Taylor* 

#### First Float....First Place!

The Hill and Valley Garden Club members decided to try their hand at float decorating this year and entered the Locust Blossom Parade with their first-ever float. We were awarded first place in the Best of Theme category! It was a fun experience with lots of laughs, many members pitching in to decorate and ride the float and throw lots of candy to the kids on the parade route. A big thanks from HVGC to the organizing members of the Lions Club!

This year some HVGC members made a presentation on flower arranging to the 4th graders at Juliaetta Elementary School. Each student then designed their own arrangement and transported them to the Flower Show at the Grange. The arrangements were a beautiful addition to the Flower Show and the students did a terrific job on their first design! Congratulations, 4th graders!

Also from the elementary school, Angie Cannon's 3rd graders again allowed us to showcase their vegetable gardens. The plants looked so healthy and vigorous this year! What a great project for these kids and HVGC is honored to be able to provide some funding for this project. Great job, 3rd graders!

Mike Holt's arrangement in honor of his mother, Roseann Holt, a former member of HVGC, won the People's Choice Award for design. Congratulations, Mike! Roseann would be proud and what a wonderful way to remember her and her love of flowers!

Each year the State Garden Club presents awards in several categories to clubs who submit applications. This past year HVGC was presented with three awards, including one for our yearbook, which is done by Kathy Cassin, one for youth involvement co-chaired by Becky Loomis and Joanne Gertje, and one for membership which is headed up by Sherril Calhoun and Kathy Cassin. We recently welcomed new members Lynda Brocke, Judy Haley, and Nan Vance. In total, the club garnered \$150 in award monies.

We have some interesting programs scheduled for the year beginning on September 26. That day we will be encouraging more prospective members to join us as we create painted pine cone arrangements to take home. On February 27, join us for a presentation on landscaping for birds and butterflies, and on March 26 we will hear about insects and arthropods that are important in helping our gardens. In April, we will hear a presentation on

native plants and their benefits. Please consider joining us the 4th Tuesday of each month at 1:00 PM at the grange! Raina Weyen



#### The Book Nook

#### From Sharon Harris:

**Cathedral of the Sea** by Ildefonso Falcones is an epic historical novel that takes place in Barcelona in the 14<sup>th</sup> century. It follows the life of Arnau Estanyol and is a poignant story of friendship, revenge, love, war, and hope. It centers around the building of the cathedral, Santa Maria del Mar, and the deadly Inquisition. I highly recommend this page turner!

My second choice this time around is *The Forbidden*, by Lori Holmes. It is being compared to Jean Auel's *Clan of the Cave Bear*. It is a very exciting book that takes you to the heart of tribal life 40,000 years ago. Rebaai's lover has lost his life trying to save her and his unborn child. Follow her perilous journey through the wilderness. A very exciting read.

#### From Cheryl Rumbolz:

**Someone Else's Shoes** by Jojo Moyes is a fun & frivolous summer read! The perfect book for a lounge chair by the pool. It is funny and has a twist at the end that readers will not see coming.

**The Undertaker's Assistant** by Amanda Skenanc is a novel filled with history and courage. Set in New Orleans after the Civil Way when things within the country were still not settled in the south....

**The Perfect Couple** by Elin Hilderbrand is a murder mystery with unexpected plot twists & turns!

# AWARDS GIVEN TO SOUTH LATAH HIGHWAY DISTRICT WORKERS

Recently, Worker Dave Bruck and Road Foreman Cody Bailey received awards from the Local Highway Technical Assistance Council. Foreman Bailey received both Road Scholar and Road Master status. Worker Bruck received the Road Master status. (He had previously received the Road Scholar status.) The Road Scholar and Road Master programs through LHTAC is a way for local highway juris-

diction staff to earn professional development experience. Completing these programs helps local highway jurisdictions make the most of every dollar invested in their roadways. Barb Wendt, Clerk



#### Nez Perce – Latah Counties Women's Business Network

One of the mantras of the Nez Perce – Latah Counties Women's Business Network is as follows: "Your smile is your logo. Your personality is your business card. How you leave others feeling after having an experience with you becomes your trademark."

As we continue to grow in numbers and resources, this trademark becomes even more valuable.

Our May event was held at Hunter Moon Homestead and hosted by owner/member, Kate Poole. Participants received a tour of this paradise and enjoyed learning how to make personal ink stamps. Due to the time needed to complete this activity only 10 members were able to attend. There is simply no way to describe the serenity of this property. You just must experience it. Troy is right in our own backyard.

https://huntermoonhomestead.com/



June's event was hosted by owner/member Cheryl Mass of Little Canyon Lavender & Wool Farm in Peck. Members met for lunch at the House of Juju in Orofino before heading to Peck for a tour of Cheryl's beautiful farm and The Lavender Lady's Cottage. What a labor of love! If you have not seen this treasure, grab a friend and go! Here is Chery's contact information:

cherylamass@gmail.com , littlecanyonfarm.com, (208) 486-6017.

Did you know that the Snake River Dams benefit not only our region but the nation as a critical component of the Columbia Snake River System which is a 465 mile federal waterway that provides access to international markets for farmers as far as the Midwest?

#1 U. S. wheat exports

#2 U. S. corn and soy exports

#1 West Coast wood exports

#1 West Coast mineral exports

#1 West Coast auto exports



#### **BUSINESS MEMBER SPOTLIGHT**

**Business Owner:** Cheryl Rumbolz, member of CASCADE VIEW WEALTH MANAGEMENT, a private wealth advisory practice of Ameriprise Financial Services, LLC.

**Primary Function:** Financial Planning, Investment Portfolio Management, Wealth Preservation Strategies.

What year were you established? Started in the Financial World in 1986. I spent the first 33 years of my career with Merrill Lynch; I have been working through Ameriprise since 2019.

**How many employees: I** work on a Team that consists of 3 Financial Advisors, and 2 Administrative Team Members.

Why choose your company over the competition? Each member of our Team has a specialized role. Portfolio Management and Retirement Planning is the forte of my Team Members. My main responsibility and passion is Client Relationship Management. This has allowed me to have meaningful and lifelong relationships with multiple generations of family members located all across the United States.

**Are you currently hiring:** YES! We need a Series 7 Registered Administrative Assistant who can work out of our main office which is in Tacoma, WA.

Anything Special for Readers to know: Consultations are open conversations over your kitchen table or anywhere that is convenient and relaxing!

**Contact Information:** E-mail: <a href="mailto:cheryl.rumbolz@ampf.com">cheryl.rumbolz@ampf.com</a>, office phone#253-620-5902, cell phone#253-312-7213.



#### **KENDRICK & JULIAETTA ARE HOT!**

It's summer and the outdoor temperatures are rising. However, along with the seasonal change, there is something else heating up in our towns, the real estate market! While the national news may lead you to believe that the housing market is stagnant, we are experiencing growth in our local area. Six homes in Kendrick and Juliaetta were recently listed and had accepted offers within 3 weeks. Three of these homes had accepted offers in 6 days or less! So, despite the doom and gloom about mortgage interest rates, buyers are still looking for homes in our area.

It is true that not every home will go under contract quickly since there are many factors that result in a successful sale. One of the most important elements is setting a competitive list price that encourages offers. Getting the price right will cut down on the likelihood of sitting on the market for longer and having your listing become "stale". At North Central Idaho Properties, our agents have years of experience in properly pricing homes for a quick sale. Having a knowledgeable agent provide an accurate Comparative Market Analysis is important, but you also need someone who has listed and sold homes in your community and who has a pulse on the current state of the market in your neighborhood. With offices in Kendrick and Orofino, the Team at North Central Idaho Properties can provide the local expertise you need to price right and get your home sold.

If you have been considering selling, please feel free to reach out to us. Sometimes the summer heat can be a little overwhelming, but there is no such thing as a "too hot" real estate market so book a no cost listing consultation with us before the market starts to "cool off". We look forward to hearing from you! North Central Idaho Properties

#### 7 Ridges Holistic Health

Hello JK Community! The 7 Ridges Holistic Health Clinic is up and running. The clinic is located where the old Juliaetta Market was. The clinic currently offers massage, corrective exercise sessions, sports taping for injuries, corrections, & lymphatic concerns, a workout space, aromatherapy, herbal therapy, nutrition counseling, CPR & First Aide, meditation, Reiki, Ayurvedic (a practice started in India) medicine, birth doula & lactation consultant services. Eventually, I would like to share the space with an aesthetician, chiropractor, naturopath, and acupuncture providers. I want services to be available to everyone The clinic is registered as a 501(c)(3), nonprofit clinic. I feel health & wellness should be accessible to all.

The clinic is open Tuesdays and Thursdays from 10 am to 5:30 pm & Saturday mornings from 10 am to 1 pm. I can accommodate bookings on Wednesday & Friday when my schedule permits; call me to work that out. I specialize in injury treatment, structural integration/re-alignment, cupping massage, intraoral massage, pregnancy massage, Thai table massage, sports massage, kinesio-taping, Zen body therapy, child & infant massage, chair massage, fascial release techniques. I provide herbal, clay, or seaweed body wraps, facial massage, M'lis weight reduction wraps, paraffin treatments, and back & foot treatments. The clinic will be closed July 5th through July 9th; I will be working out of state at an LPGA event. If you have any questions about the clinic, services provided, or if you're interested in sharing your knowledge of natural medicine via a class or lecture, please feel free to contact me. Christine A. Prokay, 253-241-3183, 7ridgesholistichealth@gmail.com

#### Local markets are about more than just commerce; they're about community

Our family, like many modern homesteaders, fled the oppression of another state to pursue our dreams of freedom and personal sovereignty in Idaho. The property we moved to in Deary, Idaho didn't offer much in the way of living accommodations, but rather than starting our building projects, we hung out at the park.

What we craved our first summer as Idahoans—more than comfy living quarters and high-paying jobs—was immersion in our new community and culture, and we found it at a tiny local farmer's market in Deary.

We visited the market every Thursday seeking out fellow homesteaders, growers, and producers who could share their knowledge and experience of the region. Sometimes only one or two vendors attended the market, but the quantity didn't matter; the quality of the company did.

The next year, although our farm was barely established, we took over management of the Deary Market, growing it to whopping twelve full-season vendors. Our own booth had nothing to sell except visions of what we someday hoped to produce, but my kids and I picked apples, blackberries and plums growing wild on the roadside, to keep customers coming.

I'm not sure we made a nickel of profit, but the income was never the point. The relationships we forged and the wisdom we acquired in the three years we participated in the Deary Market remain today.

When COVID revealed the need for both a local market, and a local gathering place, we started the Latah Farmers Market. Run entirely by volunteers from its inception, and totally dependent on what our local community has to offer, the Latah Farmers Market will never compete with the government-run behemoths, but it offers something entirely different. Connection.

Since COVID, Idaho has welcomed a steady stream of "refugees" who come with dreams freedom, resilience and self-sufficiency, like we did. Whether you've lived in Latah County for three generations or three weeks, the market provides a point connection for all, where you can buy locally-grown strawberries or garlic, and talk with the gardeners who are growing them here successfully; you can pick up eggs, and also pick up tips about raising chickens, or raising kids.

Counting profits in dollars alone misses the real wealth of the market: relationships. There are few places where authentic personal connections can still be made, and it's increasingly clear that this is the real fruit of the local farmer's market. It's through connections with others that our lives have meaning, and these connections will net more true wealth than any daily booth sales.

Connect with your friends and neighbors at the Latah Farmers Market in Troy on Saturdays from 9:00-1:00 or in Potlatch on Wednesdays from 4:00-7:00. Erika Sattler, Organizer of the Latah Farmers Market & Owner of Texas Ridge LLC

#### **Granny's Recipes**

Hi, again. For this issue I have selected an easy cake for you to make. During the depression many ingredients were not available so the ladies got creative. This cake is mixed and baked in a 8x8 cake dish, no bowl required. Fun to make and delicious! (NO EGGS, NO MILK, OR BUTTER)

#### **Snickerdoodle Crazy Cake**

Spray cake dish. Add the following:

1 1/2 cups flour

1/2 cup sugar

1/2 cup brown sugar

2 1/2 tsp. Cinnamon

1 tsp baking soda

1/2 tsp cream of tartar

1/2 tsp salt

Mix the dry ingredients in baking dish. Make indents in flout mixture. Now place the following ingredients in the indentations and mix well.

5 Tbsp oil

2 tsp vanilla

1tsp apple cider vinegar

1 cup water

THAT'S IT!

Now bake at 350 degrees for 35 minutes. When cool sprinkle with powdered sugar. YUMMY *Tawnda Bromley* 



### WOMEN BUSINESS OWNERS



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#### Lazuli Buntings

Do you identify small birds with blue feathers as bluebirds? If so, you may take a second look and feel that something is wrong. It may be a <u>blue bird</u>, but not the right color blue! The Western bluebird is the color of a blue crayon and this bird is a sky blue. The shape isn't quite right, either.

You may be seeing a male Lazuli bunting (LAZ' YOU LIE). Buntings are slightly larger than bluebirds, more slender and with strong thick beaks. The male has a bright white wing bar, a pumpkin colored breast with white below. The scientific name of this bird is *Passerina amoena* meaning "beautiful sparrow." It's easy to see why that label was chosen.

Lazuli buntings are fairly common summer residents in our area. They frequent brushy areas, hedges, thickets or recently burned areas, often near water.

Males often choose to sing from a high spot and you may hear a lazuli bunting before you see him. Each male has his own unique song with similarities shared with other "neighborhood" males. Yearling males arrive in the breeding location without a song. They learn their song by copying older nearby males. This provides a unique song variation, shared across the neighborhood. The birds learn to tolerate those with familiar songs but chase away those who sound "wrong".

Lazuli buntings are less comfortable around people than bluebirds are, and they prefer to build their own nests tucked into bushes. A blue bird moving into a birdhouse probably IS a Western bluebird!

The female lazuli bunting is not showy. She's a brown striped lady, well hidden in her selected nesting spot – often ninebark, snowberry, blackberry or wild rose. Once she has chosen her mate, she builds the nest by herself, and she'll raise the brood of 3 or 4 by herself, as well. The nest is a sturdy affair of grass or bark strips and leaves woven together with spider webs or tent-caterpillar silk.

These buntings have a 2-stage fall migration. They leave the summer residence (the western half of the US and a small slice of Canada) and travel south, stopping for a couple weeks in southwestern US and northwestern Mex-

ico where they stock up on plentiful insects and begin molting (shedding worn feathers). After this resting time, the buntings continue south and spend the winter on Mexico's western coast.

Nora Abbott



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## **Seeing Patients in Kendrick**

**Sarah Aurich** is passionate about care across your lifespan-performing child wellness exams and sports physicals, as well as preventative treatment or care for chronic conditions.

A Family Nurse Practitioner, she treats patients at Gritman's Kendrick Family Medicine clinic, 606 E. Main St., Kendrick. Call **208-289-3841** to make an appointment.

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